

# Kundalini Yoga Teachers Association

## Benefits of KYTA Membership

- Recognition of belonging to a professional body providing continuing professional development through our CEU program.
- Access to a comprehensive professional insurance scheme at the lowest cost available.
- Optional supplementary insurance for other disciplines or therapies .
- Insurance cover for teaching outside the UK for up to 30 days a year.
- Access to and participation in the KYTA Certification of Specialist Trainings.
- Promote your Kundalini Yoga Events free in the KYTA eNewsletter and for £5 post private adverts in the eNewsletter.
- List your classes on the KYTA Website (currently number 1 for 'Kundalini Yoga' on google.co.uk)
- List your events, workshops, retreats and holidays for free in the Events section of the KYTA Website [www.kundaliniyoga.org.uk](http://www.kundaliniyoga.org.uk)
- For an additional fee of £10 promote your other professional services on the 'Members Skills and Services' webpage.
- Referrals to your yoga classes from emails, letters and calls that KYTA receives.
- KYTA leaflets designed to help you promote your classes are available to members at £5 for 50.
- All members are invited to participate at the AGM.
- Full members may vote and stand for nomination to the KYTA committee.
- Receive invitations to KYTA socials.
- KYTA members are automatically associate members of IKYTA, full details of IKYTA membership benefits on [www.kundaliniyoga.com](http://www.kundaliniyoga.com).
- Keep in touch with international news and announcements forwarded from IKYTA, KRI and 3HO



*“Amid the swirling, unfocused energies  
of the modern world  
there is a light,  
a calm and a healing  
in the centre of all things”*

**Yogi Bhajan**

## For your students

To stay informed about Kundalini Yoga events, your students can subscribe to the **KYTA e-mail Newsletter** at [www.kundaliniyoga.org.uk/events.html](http://www.kundaliniyoga.org.uk/events.html). Please, tell your students about this service.

## Membership Applications

- Membership runs from 1<sup>st</sup> October annually.
- The cost of Teacher membership is £31 per annum. Full members are those people who hold a Level I certificate.
- The cost of Trainee membership is £21.00 per annum. This cost is reduced to £15 for students not requiring insurance
- Both categories of membership receive the same benefits.
- All members are invited and encouraged to attend the KYTA Annual General Meeting held in September each year although only Teacher members may vote and stand for the committee.

## Insurance

To protect you and your students it is a condition of KYTA membership that if you are teaching you must have Professional Liability Insurance. If you have your own insurance arrangements, please send a photocopy of your policy certificate with your membership application.

**KYTA Yoga Link Insurance is available only to KYTA members.**

The cost of insurance for Level 1 qualified is £47.00 plus an additional £10 fee for new policies (If you renew your policy you do not have to pay this again.) KYTA members receive an annual renewal notice in August/September.

There is a reduced rate for Trainee Teachers. Please contact [info@kundaliniyoga.org.uk](mailto:info@kundaliniyoga.org.uk) for details.

Insurance and the collection of membership renewal fees are managed for KYTA by DSC Insurance Services. Ask your Teacher Trainer for an application form or contact [info@kundaliniyoga.org.uk](mailto:info@kundaliniyoga.org.uk) for more details of special Membership-only rates for Trainee Teachers.

## Gurudakshina

If you come across teachings which enhance, heal and awaken your Life, you may feel Gratitude. In eastern traditions no student would come to a Teacher without offering a gift. Gurudakshina is an offering to the source of the teachings in pure Gratitude.

Gurudakshina contributions may be made by standing order (available to download from the website or email [info@kundaliniyoga.org.uk](mailto:info@kundaliniyoga.org.uk) for details) or by cheque payable to 'KYTA'. 11% of Gurudakshina received by KYTA is returned to KRI, 89% is used to help build services for Teachers in our association.

## The KYTA Committee

The committee meets every month to discuss issues and act on behalf of members. The committee work throughout the year supporting Teachers, developing new initiatives and responding to opportunities in members interests.

Elections are held annually at the Annual General Meeting and voting is open to all Level I qualified Teachers.

Committee members are required to be Level I qualified and to have the skills necessary to fulfil the tasks in each role although advice and on-going support will be given to new Committee members by out-going Committee members.

## Committee Members 2008/9

The following members were appointed at the 2008 AGM:

- **Chair** – *Karta Kaur*
- **Secretary** – *Sat Charan Kaur*
- **CEU coordinator** – *Rajinder Sawhney*

The committee can be contacted through [info@kundaliniyoga.org.uk](mailto:info@kundaliniyoga.org.uk)